



**Banff Sport Medicine**

## **Fellowship in Sport Medicine and Arthroscopic Reconstruction of the Knee and Shoulder**

### **Fellowship Director**

Mark Heard, MD, FRCSC, Dip Sport Med

### **Surgeons**

Laurie Hiemstra, PhD, MD, FRCSC

Greg Buchko, MD, FRCSC

Michaela Kopka, MD, FRCSC, Dip Sport Med

### **Location**

Banff Sport Medicine, Banff, Alberta Canada

### **Clinical Fellowship**

Banff Sport Medicine is pleased to offer a fellowship in Sport Medicine and Arthroscopic Reconstruction of the Knee and Shoulder, accredited by the Arthroscopy Association of Canada. It is based out of the Mineral Springs Hospital in Banff, Alberta, Canada. This program is designed around a one year fellowship in which the Fellow will work directly with each of the four preceptors. It is open to all graduates of Canadian orthopaedic residency programs as well as any international institutions that meet the criteria for training. Graduates of Canadian programs and self-funded applicants will be given preference.

Training will be focused on advanced arthroscopic and open reconstruction of the knee and shoulder. The Fellow will be involved in a high volume and broad scope of cases including: primary and revision anterior cruciate ligament reconstruction, treatment of recurrent patellar instability including trochleoplasty, tibial and femoral osteotomies, osteochondral and meniscal allograft transplantation, and shoulder surgery including arthroscopic stabilization, Latarjet, Remplissage, and rotator cuff repair. A typical clinical work week will consist of 2 OR and 2 clinic days with one day allocated for research activities. The Banff Sport Medicine surgeons work intimately with primary sport medicine physicians and physiotherapists, and the Fellow will participate in multi-disciplinary clinics and educational opportunities. Basic trauma coverage will also be encountered, and the Fellow will be responsible for a weekly Fracture Clinic during the trauma season.

### **Research**

Banff Sport Medicine is particularly fortunate to have a very active research program through the Banff Sport Medicine Foundation (BSMF). Fellows will be expected to complete, present and publish a research project during their Fellowship. Fellows may attend pertinent conferences to present their research. Funding for conferences will depend on the quality of the research project.

## Education

Further educational opportunities such as participation in wet labs and teaching of residents and medical students are intermittently available. The Fellow will participate in Banff Sport Medicine Journal Club which takes place 3-4 times per year. The Fellow will also be also responsible for 1-2 presentations to local emergency and family physicians on relevant orthopaedic topics throughout the year. Further opportunities to present on injury prevention, treatment, and recovery within the community will also be available.

## Sport Coverage

Banff and the Bow Valley is an active outdoor community that hosts a variety of National and International sporting events each year. The Banff Sport Medicine physicians are involved with providing coverage for events such as FIS World Cup Ski and Snowboard, and the Canadian Finals Rodeo. They also work directly as team physicians for Canadian Pro Rodeo, Alpine Canada, and Canada Snowboard. Opportunities exist for the fellow to participate in event coverage as well as team travel when appropriate. We encourage striving for the Canadian Academy of Sport and Exercise Medicine (CASEM) on-field coverage criteria and certification during the Fellowship year.

## Funding

Remuneration for Canadian graduates will be from surgical and assisting fees. Thirty percent coverage of all billings will be charged for administration of the Fellowship and to support the BSMF research and education programs. International Medical School graduates need to be self-funded. Start up expenses (College of Physicians and Surgeons of Alberta licensing fee, Canadian Medical Protective Association insurance coverage, and any other administrative fees associated with licensing in Alberta) are the responsibility of the Fellow. Research funding is available for appropriate and high quality proposals by application.

## Application

Interested applicants are asked to forward a letter of intent, current curriculum vitae and three supportive letters of reference to the contact details below.

### Please address all correspondence to:

Dr. Mark Heard, MD, FRCSC, Dip Sport Med

Sport Medicine and Arthroscopic Reconstruction of the Knee and Shoulder Fellowship, Director

Attention: Office Manager

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