

## Banff Sport Medicine COVID-19 INFORMED CONSENT AGREEMENT

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At Banff Sport Medicine we believe that all patients should be well informed about their surgery. Your surgeon would have explained the risks of your particular surgery to you at the time of your assessment, and these are also outlined in your surgery paperwork and on our website ([www.banffsportmed.ca](http://www.banffsportmed.ca)). With the COVID-19 pandemic there are some risks related to the virus that you should know about to be fully informed. **We believe it is safe to proceed with your surgery and are following all recommended guidelines.**

1. By travelling and entering a hospital, you may increase the risk of your exposure to COVID-19. Mask use and social distancing can significantly reduce this risk.
2. Having surgery may weaken your immune system making you more susceptible to infections such as Covid-19. This may also lead to a more severe case of Covid-19 if you are already infected with the virus, or contract it in the early post-operative period. We therefore recommend that you self-isolate for one week pre-op and one week post-op, if possible. If you are unable to self-isolate pre-op, we recommend practicing vigilant social distancing and mask use.
3. It is well known that you can be infected with the coronavirus and not have any of the symptoms of Covid-19 as outlined by Public Health (asymptomatic screen negative). Having surgery in this situation not only increases your risk of complications, but also puts the health care team at risk of contracting the virus. Patients over the age of 60, especially with underlying health conditions such as diabetes, hypertension, obesity and heart and lung disease who are undergoing major surgery are most susceptible to severe Covid-19 related pulmonary complications. Asymptomatic Covid-19 testing is highly recommended in this patient population.
4. Currently in Alberta, only private Covid-19 testing is available for asymptomatic individuals. If getting tested, do so 3-5 days prior to your surgery and practice strict self-isolation after the test has been performed.

By accepting your surgery date you agree to the following:

- I agree to be truthful with any screening questions asked. **I understand I must honestly disclose this information to avoid putting myself and others at risk.**
- I agree to cooperate with infection control procedures and recommendations.
- I have been given the opportunity and declined to postpone my procedure until the COVID-19 pandemic is less prevalent (postponing due to COVID-19 will not negatively impact your wait time).

Signature

Witness

Date

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